

# AWAKENINGS WOMEN'S RESIDENTIAL

www.cxroadscounseling.com

# WOMEN'S RESIDENTIAL TREATMENT

AWAKENINGS: A program designed to meet the needs of women & their children.

Awakenings is an extended-care residential program which focuses on the unique treatment needs of chemically dependent and recovering women. Awakenings utilizes a holistic approach, addressing the physical, emotional, and spiritual elements of addiction for the individual and the family unit. Length of stay varies on individual need.

# **FAMILY APPROACH**

Pregnancy and childcare issues are sometimes barriers to women seeking chemical dependency rehabilitation.

Awakenings responds to the needs of all women, including pregnant women and those with children. Awakenings is dedicated to the concept of family recovery; therefore, the family component is designed to include children up to and including age 12 in the residential environment. Older children and family are involved in the extended-treatment philosophy.

# **INCLUSIVE PRACTICE**

Crossroads Counseling Services celebrates diversity and is committed to creating an inclusive environment for all people. Crossroads Counseling Services does not discriminate on the bases of race, religion, color, sex, gender identity, sexual orientation, age, non-disqualifying physical or mental disability, national origin, veteran status or any other basis covered by appropriate law.

# INNOVATION IN TREATMENT

Our residential treatment programs accomplish the goal of enhancing the chemically dependent individual's desire to become drug-free by teaching skills needed to approach life in a new way. Our shared-family-style settings provide individualized treatment. Variable lengths of stay are considered in order to meet each client's specific needs. Skills development for a drug-free lifestyle is provided along with referrals to sober support meetings, recreation, parenting, case management, and educational and vocational involvement.

# **DISCHARGE PLANNING**

Residents nearing the end of treatment phase will develop plans for continuing recovery. Our clinical team and care management team will assist each resident to establish community resources and aftercare planning.

# **FLEXIBLE FEE SCHEDULE**

Crossroads Counseling Services recognizes a variety of soci-economic backgrounds for residential clients. A fee schedule has been designed to address individual needs. Self-payment, Medicaid, and most private health plans are accepted.